Area 3 Council Meeting
May 17-18, 2019
Moscone Center South Bldg, Room 210
San Francisco, California

Call to Order: Dr Joseph Napoli, Area 3 Representative, called the meeting of the APA Area 3 Council to order on Friday, May 17 at 12:36 pm, in Room 210, South Building, Moscone Center, San Francisco, California. A quorum was present for the entire meeting.

Present (voting members): Drs Mary Anne Albaugh, Lily Arora, Consuelo Cagande, Ken Certa, Hector Colon-Rivera (for Dr Angelica Kloos; Saturday pm only), Constance Dunlap, Barry Fisher (Friday and Saturday pm only), Baiju Gandhi, Bill Greenberg, Annette Hanson, Barry Herman, Mark Komrad, Rahul Malhotra, Mel Melnick, Joe Napoli, Daniel Neff, Sherry Nykiel, Jennifer Payne, Ranga Ram, Richard Ratner, George Saiger, Cristina Secarea, Elias Shaya, Eliot Sorel, Lindsay Standeven and Brian Zimnitsky.

Non-voting members
Area 3 Trustee: Dr Roger Peele (Saturday pm only)

Executive Director members: none

District Branch Presidents: none

Privileged Guests: Drs Kavita Bommasamudram (Saturday pm only), Jennifer Lynne Dorr (Saturday pm only), Sehba Husain-Krauttner (Saturday pm only), Hephsibah Loeb

APA Staff: Jennifer Medicus (APA Area 3 Staff Liaison), Erin Berry Philp (Saturday am only; APA Director of State Government Relations)

Absent voting members: Dr Charles Ciolino

1. Welcome New Members and Guests, and Introductions and Disclosures of Potential Conflicts of Interest – Dr Napoli welcomed new members and guests. Attendees introduced themselves and reported their sources of income, to identify potential conflicts of interest that might arise in the proceedings.

2. Minutes– Dr Napoli called for any corrections to the submitted minutes of the March 2019 Area 3 Council meeting. Dr Melnick noted that he had been present, and the minutes were accepted indicating that Dr Melnick was present at this meeting.

3. Announcements:

- Trustee Election: Dr Napoli congratulated Dr Certa on his winning the Area 3 Trustee election, and Dr Certa thanked him and asked us to contribute to the PAC, emphasizing its

importance, and Dr Napoli encouraged us to contribute what we could to this, to help our organization in its advocacy efforts. Those making at least modest contributions would be welcome at the PAC Reception.

- Dr Napoli asked who would be hosting a program or other scientific presentation at this meeting, at counted eight Council members, including himself; reflecting added value that our Council provided to the APA's Annual Meeting.

4. Area 3 Representative Report: Dr Napoli--

- There will be some special rules to cope with the very large number of action papers to be reviewed in this Assembly meeting.
- Area 3 is the primary reviewer for the Substance Use Position Statement 14.B.8, currently on the Consent Calendar, which he had asked Dr Arora to review for the Council. The Council reviewed the position statement. Dr Arora recommended that we not take it off the Consent Calendar, and on querying the Council, no one else recommended that it be taken off either, so that became the Area 3 Council recommendation.
- Area 3 was also meant to review Position Statement 4.B.15. Dr Greenberg, Sorel and Herman recommended that we also leave this on the Consent Calendar, as it was a reasonable improvement over was currently the position.
- Dr Napoli briefly reviewed our agenda, which on Saturday afternoon will feature award presentations for RFMs and Dr Peele, and elections for our ECP Rep and Dep Rep.

5. Speaker and Speaker-Elect

- Drs Batterson and O'Leary arrived at our meeting, and Dr Batterson described the special rules that would prevail in this Assembly, due to the unprecedented number of action papers, including a limit of 2 minutes for each recognized Assembly member who wishes to comment on an action paper, which might have to be further limited if needed, and emphasized the importance of the work of the Reference Committees. By the Procedure Code of the Assembly, if there is not time to discuss an action paper, it would have to be resubmitted for the next Assembly, if the author wished.

6. Ad Hoc Work Group for Administration and Management

- Dr Napoli asked Dr Shaya to report on this Work Group's findings. Dr Shaya noted that the Final Report of the Work Group was posted on the Area 3 Website. Summarizing he noted that 1) we usually have 4 annual meetings, which should continue in person, with longer or additional meetings as deemed necessary, 2) our website has been useful and should continue, pending finding appropriate staff and finances to support it; 3) we should continue to utilize the support of DB staff; 4) we should separate operating expenses from program expenses, 5) we should continue to organize our meetings ourselves as we can do this more inexpensively than the APA staff, and 6) we should apply for AEC Contingency Fund monies, when available (Dr Greenberg had already applied to the AEC for funding a Legislative Summit). Other desirable issues would include supporting transparency of all Areas and the AEC and Assembly, and that Areas should be set up as "Cost Centers." Dr Sorel moved to accept this WorkGroup report, Dr Malhotra seconding. In discussion, Dr Sorel noted the importance of their being more transparency in the budgets of the Assembly and AEC. Dr Greenberg brought up the question of advantages of having the APA make hotel and travel arrangements versus doing same on our own (we have sometimes been able to do a better job of finding less expensive options); Dr Napoli responded, suggesting that in

particular it would probably be best for the APA to make arrangements for the Legislative Summit, and also reviewed some options for continuation of Area 3's website, possibly having some DB willing to host same; Dr Sorel brought up the desirability of having the APA do this for all Areas. The motion to accept the recommendations of Dr Shaya's committee report as a framework for going forward was approved unanimously.

7. Financial Report

- Dr Greenberg briefly presented the financial report, detailing that we have so far spent $768 this year, and technically have a balance of $31,863 left in our account. However, $25,000 of that has been approved as earmarked funding for a legislative summit meeting, and whatever monies of that which are not spent on this, will be returned and not available for other Area 3 spending. Our yearly stipend for this year was $9,650 (included in our current balance).

8. Consent Calendar

- Dr Certa announced that he wished to have an action paper that originated in Area 3, on leadership training removed from the consent calendar for Assembly review, as he felt that based on APA staff comments, the third resolve that there be a review by an outside agency, requiring an RFP, would slow down the desired outcome dramatically. Dr Certa explained that if removed from the consent calendar, and that resolve eliminated, then if passed by the Assembly the implementation of the process would be expedited, and that the APA staff could do this adequately without an outside agency. Dr Malhotra moved and Dr Albaugh seconded, that the Area 3 Council support the removal of this action paper from the consent calendar. On further discussion, there was a consensus that Dr Certa could certainly just have this action paper removed from the consent calendar, and that support by Area 3 was not necessary, and the motion was then withdrawn. This action paper would then be reviewed by Reference Committee 3.
- Dr Certa also reported that the position statement on involuntary commitment (item 4.B.5), appeared to endorse various non-physicians could be involved in involuntary commitment. Although some states might already have this in practice, he felt that it did not seem that we should have a position paper endorsing this, and noted that he would have this withdrawn from the consent calendar as well, whereupon it would be reviewed by Reference Committee 2.

9. Legislative Summit

- Dr Greenberg reported that his proposal for holding Legislative Summit had been approved by the AEC with the previously mentioned budget. Dr Napoli had appointed a workgroup to address arranging for a Legislative Summit meeting, including himself Drs Nykiel, Dunlap, Certa and Hanson of our Council, Dr Deb Koss (Chair of NJPA Advocacy Council, and featured in the week's Psychiatric News for successfully getting passed a model Parity law in New Jersey), and Tim Clement of the APA staff. The provisional plan would include lengthening the next Council meeting, now scheduled for September 7, so that Council members could attend this and have the Legislative Summit the same weekend. This meeting is being modeled after Area 4's Legislative Summit, an activity they have been conducting with great success for a number of years, and which critically includes inviting a local state legislator to speak with us (if we are to meet in Philadelphia again, we could

arrange to have a state legislator come from Pennsylvania or we could drive to nearby New Jersey and have an NJ state legislator invited to speak. Area 4 has typically also had a reception in the evening, hosting by the APA PAC with a national congressperson. We will use telephone conference calls to plan this meeting. The goal of this meeting is not to have a specific political issue to address pre-identified, but rather to try to recapitulate Area 4's approach, with the goals of inspiring advocacy work in general, fostering a relationship with a key legislator in a state (eg, ideally the chair or co-chair of a health services committee), whom we can then help bolster personal relationships with, and to address some key relevant issue for the representative's state. We hope that this fostering personal relationships and inspiring members to continue to work on state advocacy will lead to more ongoing work. Both Drs Ken Busch and Bob Batterson of Area 4 have remarked that what they have learned using this model over the years has been "amazing." Dr Sorel brought up his interest in the theme of access to care, and Dr Shaya noted that local psychiatrists have to bear some responsibility for access to care problems by their not accepting to see certain types of patients. Dr Greenberg noted that what would get addressed also depended on the state we are working with and what issues were current, if there would be no parity bill pending or likely to arise for the next several years, but there were other hot issues, then the focus would perhaps more logically be on a different issue.

The meeting adjourned at 1:54 pm, and reconvened on Saturday, May 18 at 8:08 am, with Dr Napoli and then Dr Greenberg presiding.

10. Announcements

- Dr Napoli thanked Dr Sorel for helping arrange for Dr Peele to come to our meeting today, at which he will personally receive an Area 3 Award.
- Dr Napoli noted that the two review items for the Area 3 Council, 4.B.8 and 4.B.15 had remained on the consent calendar, and did not therefore require Area 3's review.

11. Assembly Ad Hoc Work Groups and Committee Reports

- **Committee on Access to Care:** Dr Sorel reported that this committee had changed to a very action-oriented group, that had 1) conducted brief surveys of the Area 3 Council and DBs, 2) reached out to NAMI, reviewed the recently-published National Alliance of Healthcare Purchasers Coalitions "Achieving Value in Mental Health Support" and reviewed the recently-published analysis "Economic Analysis of Medicare for All," by the Political Economy Research Institute at University of Massachusetts-Amherst, which supported the economic viability of Medicare for All. This resulted in four action papers submitted for this Assembly meeting. Dr Sorel thanked the APA staff for their significant help in working with this committee. He noted that there were perhaps eight different versions of universal healthcare proposals now being developed for submission to Congress, differing in various details, but that there was evidence of the affordability of such coverage.
- **Committee on Psychiatric Diagnosis and the DSM:** Dr Napoli reported that on short notice, Dr Ciolino was unable to attend this meeting, and that there had not been time to assign someone else to cover it, so that there was no report today.
- **Liaisons to the Steering Committee of Practice Guidelines:** Dr Hanson reported that the Draft Practice Guideline for the Treatment of Patients with Schizophrenia had been released for review; this was distributed to Assembly members and we should distribute it to all our

District Branches; literature reviews for Eating Disorders and Bipolar Disorder are in progress. Conflicts of interest and other limitations of the current review process were other areas that the Committee discussed. Ms Medicus informed us that all comments should be received by the end of June; there will also be a session discussing guidelines tomorrow. Dr Napoli added that NJPA has a Council on Professional Standards, which commissions and reviews guidelines, with the help of a panel of NJPA Expert Advisors, and then can submit its findings for APA draft guidelines, to help give a coordinated DB response. Ms. Medicus added that the draft practice guidelines were available on the APA website, and that comments would be accepted from the public, as well as from members.

- **Workgroup on Increasing Voter Turnout:** Dr Albaugh reported that an idea had been discussed recommending that a given day be identified and advertised for voting, in the hope that this might inspire more voting. Our voting percentages have been low, but not dissimilar to those of other similar organizations (Dr Herman agreed with those data, from the time he served as Chair of the Elections Committee). Unfortunately, such low turnouts would interfere with any referendum process that requires a higher percentage for validity. Dr Sorel, also past Chair of the Elections Committee, recommended that voting should happen when people were together, for example at the Annual Meeting.
- **Committee on Maintenance of Certification:** Dr Arora reported that there were now three lawsuits pending regarding the monopoly that ABMS had on certification (these might be consolidated and there might be an attempt to get a summary judgment based on the ABMS' restraint of trade), and the objections to the use of certification for state licensure and hospital privileging, There was discussion of an action paper relevant to this, and some discussion of the pros and con of considering using the new competing certifying organization. The APA in the past was the certifying body for the Certification in Administrative Psychiatry, but Dr Saiger added that the American Group Therapy Association had been specific in its not becoming the certifying body for a Group Therapy Certification process.
- **Committee on Public and Community Psychiatry:** Dr Nykiel reported that the Committee expressed disappointment that the IPS meeting, which many of them had found very helpful, would no longer not be meeting the next year, while its future was being re-thought. She noted that she was surprised that the focus was supposed to be on Community Psychiatry, as she had not been aware of that (Dr Napoli observed that at one time the American Association of Community Psychiatry had managed the meeting). There was interest in whether any state had implemented integrated care, and what that looked like, and there was concern about the having psychotherapy covered by insurance companies. There was also an interest in psychedelic psychiatry (Dr Komrad added that the very staid Sheppard Pratt Institute was studying psilocybin in the treatment of depression). Dr Komrad also added that Dr Levin talked with ACROSS last night, and informed them that the APA makes its headquarters available gratis for meetings of up to 150 people; Dr Secarea added that parking is very poor nearby, and the hotels extremely expensive, however).

12. Reference Committee Reports – (**S** = support as written, **SWC** = support with changes, **DNS** = does not support)

RC1 – Advancing Psychiatric Care – Dr Cagande and Dr Komrad (ACROSS) reporting

2019A1 4.B.13 Proposed Position Statement: Supporting Implementation of the Mental Health Parity and Addiction Equity Act - **S**

2019A1 12.A Elimination of Any Requirements to Prescribe Ninety Day Supplies of Psychotropic Medications - **SWC**
2019A1 12.B Substance Use Disorders Are Not Social History Problems - **SWC**
cc 2019A1 12.C Enhancing Access to Quality Mental Health Care by Valuing Psychiatric Expertise and the Liaison Efforts of C – **remained on the consent calendar**
2019A1 12.D Proposed Position Statement on Universal Health Care Coverage in the United States - **S**
2019A1 12.E Scope of Practice for Prescription of Medications to Psychiatric Patients - S
2019A1 12.F APA Support for DB and State PAC - **DNS**
cc 2019A1 12.G Collaborating to Improve Psychiatric Training in Family Medicine Residencies 2019A1 12.H Board Recertification for Lapsed ABPN Diplomates **(removed from consent calendar) – S, later reported withdrawn by the author**
2019A1 12.I Medical Supervision of Psychiatry Residents and Fellows - **SWC**
2019A1 12.J Improving Public Understanding of Psychiatry **– S**

RC 3 — Education and Lifelong Learning – Dr Neff reporting
2019A1 4.B.6 Proposed Position Statement: Neuroscience-based Nomenclature (NbN) Project - **S**
2019A1 12.U Request for an Annual Strategic Report on Access to Quality Mental Health Care for APA Assembly, Board of Trustees, and Membership - **SWC**
cc 2019A1 12.V Rejection of the Terms Provider and Client in Psychiatry **(removed from consent calendar**) - **S**
2019A1 12.W Development and Dissemination of Model Curricula on Climate Change and Mental Health - **SWC**
2019A1 12.X Greening Psychiatric Practices: An Environmental Sustainability Benefit for APA Members - **SWC**
2019A1 12.Y Reducing the Stigma of Substance Use: Rethinking the Term Substance Abuse in the Policies and Publications of Collegiate and Professional Sports Leagues - **SWC**
2019A1 12.Z Advancing Control of Benzodiazepines **WITHDRAWN BY THE AUTHOR**
2019A1 12.AA Staying in Our Lane?: Aligning the Financial Contributions of the American Psychiatric Association Political Action Committee with the Stated Policy of the APA Regarding Firearm Regulation **WITHDRAWN BY THE AUTHOR**
cc 2019A1 12.BB Psychiatry Residency Position Expansion **– remained on consent calendar**
cc 2019A1 12.CC Leadership Training for Psychiatrists **(removed from consent calendar) - S**

RC 2 — Advancing Psychiatric Knowledge and Research –Dr Ratner (ACROSS) reporting
cc 2019A1 4.B.5 Proposed Position Statement: Voluntary and Involuntary Hospitalization of Adults with Mental Illness **(removed from consent calendar) - DNS**
2019A1 12.K A Feasibility Study for an APA Alternative Process for Specialty Certification - **SWC**
cc 2019A1 12.L Advocating for a National Opioid Use Disorder Screening and Awareness Day –**(removed from consent calendar) – DNS**

2019A1 12.M Advocating that the ABPN Provide Continue Medical Education (CME) Credit for Psychiatrists Participating in Maintenance of Certification (MOC) **- SWC**
cc 2019A1 12.N Eliminating a Financial Barrier to the Article Based Assessment for Maintenance of Certification (MOC) for APA Members – **remained on consent calendar**
2019A1 12.O Revision of Federal Standard 42 CFR §8.12 for Opioid Treatment Programs – **SWC**
2019A1 12.P Designation of a Spokesperson on Climate Mental Health Impacts within the Council on Advocacy and Government Relations - **SWC**
2019A1 12.Q Development of APA Documents Providing Guidance for the Climate Mental Health Response – **DNS (but tried to incorporate elements of Q in P and R); this was later reported as withdrawn by the author**
2019A1 12.R Research Assessment of Climate-Related Psychiatric Service Needs - **SWC**
2019A1 12.S APA to Develop and Advocate for Life Long Learning (LLL) Instead of Maintenance of Certification (MoC) for Professional Credentialing – **DNS, later reported withdrawn by the author**
2019A1 12.T APA Recommendations for Lowering Prescription Drug Prices – **S**

RC 4 — Diversity and Health Disparities –Dr Arora reporting
cc 2019A1 4.B.3 Retain Position Statement: Cultural Psychiatry as a Specific Field of Study Relevant to the Assessment and Care of All Patients – **remained on consent calendar**
2019A1 12.DD Workplace Bullying at the VA - **SWC**
cc 2019A1 12.EE Advancing Gender Equality in Medicine – **remained on consent calendar**
cc 2019A1 12.FF Sustainable Funding for Early Recognition and Treatment of Psychotic Disorders in Youth – **remained on consent calendar**
cc 2019A1 12.GG Designation of a SAMHSA Minority Fellowship with Focus on Environmental Impacts of Climate Change on Health Disparities – **withdrawn by author**
2019A1 12.HH Improving Safe Prescribing of Controlled Substances Nationwide - **SWC**
2019A1 12.II Medical Marijuana Prescription Monitoring - **DNS**
2019A1 12.JJ American Psychiatric Association to Become a Partner with Time's Up Healthcare 2019A1 12.KK Achieving Health Plan Compliance with BH Network Adequacy to Improve Access to Care - **SWC**
cc 2019A1 12.LL Protecting Government-Employed Psychiatrists from Political Pressure – **remained on consent calendar**
2019A1 12.MM APA Recognition of International Women's Day - **S**

RC 5 — Membership and Organization - Dr Melnick reporting
cc 2019A1 4.B.4 Proposed Position Statement: Civil Commitment for Adults with Substance Use Disorders – removed from consent calendar - **DNS**
2019A1 12.NN Reduction of Dues with Joint APA/AACAP Membership - **SWC**
2019A1 12.OO One Member One Vote for APA Assembly Elections – committee **did not take a position** because of perception that there were conflicts of interest for their reviewing same
2019A1 12.PP Ability to Respond to Online Reviews - **SWC**
2019A1 12.QQ Change of Policy on Cost Estimate Analysis - **S**
2019A1 12.RR Changing the Name of Borderline Personality Disorder - **DNS**

2019A1 12.SS Creation of a New Council: Council on Advocacy and Patient Safety (CAPS) – **DNS**
2019A1 12.TT Position Statement on Emotional Support Animals (ESAs) - **SWC**
2019A1 12.UU Psychiatrists as Leaders - **DNS**
2019A1 12.VV APA Resident Fellow Members Membership & Leadership Development Innovations - **SWC**
2019A1 12.WW Inclusion of Territorial Acknowledgments in APA Meeting Programming - **S**

In further discussion, Dr Certa raised questions about the challenges of complying with the spirit of action paper 12.WW, which might incur burgeoning other requests, of related types. This led to an extended thoughtful discussion, which included contributions from Drs Sorel, Dunlap, Herman, Neff, Loeb, Komrad, Malhotra, Albaugh, Zimnitsky, Shaya and Greenberg.

13. Proposed Procedure Code Change – TA proposed change in the Assembly Procedure (A.1.7.B) was previously distributed, addressing procedures to be followed in the case of a candidate for Assembly Offices withdraws from consideration: this was presented by Dr Zimnitsky. Dr Hanson moved to support the proposed change, Dr Albaugh seconding, and the motion carried unanimously.

The Council adjourned at 10:24 am, and reconvened at 2:39 pm.

14. Area 3 RFM Merit Award and Service Award Presentations: Dr Napoli announced that the Area 3 RFM Merit and Service Awards, initially proposed by Dr Sorel, endorsed by Dr Greenberg and Ms DeCotiis of the Committee on Member Services and supported by Dr Herman and his Committee on Program Evaluation. The COPE Committee's recommendations were then implemented with the help of JoAnne Dunne of Washington Psychiatric Society. This award, now in its second year, has resulted in awards this year for ten RFMs. Dr Greenberg read the names of our Area 3 RFM Merit Award winners, and Dr Napoli presented the awards to the recipients as they came up, with a photographer memorializing the presentations:

- Kavita Bommasamudram, MD, New Jersey Psychiatric Association
- John Chaves, MD, Washington Psychiatric Society (not able to be present)
- Danae DiRocco, MPH, MD, Maryland Psychiatric Society
- Jennifer Dorr, MPH, DO, New Jersey Psychiatric Association
- Joseph Esposito, MS, MD, Psychiatric Society of Delaware (not able to be present)
- Corina Freitas, MS, MD, MBA, Washington Psychiatric Society
- Kyle Gray, MA, MD, Washington Psychiatric Society
- Sehba Husain-Drautter, MD, PhD, Psychiatric Society of Delaware
- Daniel Neff, MD, Pennsylvania Psychiatric Society
- Lindsay Standeven, MD, Maryland Psychiatric Society

Dr Napoli that there will be a reception at Roy's San Francisco restaurant this evening at 6:30 pm, honoring the RFM awardees. He thanked Dr Sorel for proposing this initiative, as

well as the initiating the CLM program at WPS, now in its 11th year and promoting leadership for trainees.

15. Presentation of the Area 3 Roger Peele Exceptional Service Award to Roger Peele: Dr Napoli announced the first recipient of this award, appropriately given to Dr Peele, and read the inscription: "The Area 3 Roger Peele Exceptional Service Award, Presented to Roger Peele, MD, American Psychiatric Association Area 3 Trustee, Leader, Mentor, Washington Psychiatric Society Representative and Egalitarian Champion of the Assembly."

16. Area 3 ECP Rep and Dep Rep Elections: With openings now for both the ECP Rep and Dep Rep positions, Dr Ratner announced that there were five candidates, all of whom expressed an interest in both positions, and all of whom the Nominating Committee found very qualified, and most of whom were about the same number of years post-training. The Nominating Committee decided in this circumstance to have an election for all five, with whoever had the most votes becoming the ECP Rep, and who had the second most votes becoming the ECP Dep Rep. The nominees are : Drs Seth M Dorsky (nominated by Dr Malhotra), Raena Khorram (also recommended by Dr Malhotra), Kathleen Mary Patchan (nominated by Dr Shaya, but supported by Dr Hanson), Lauren Pengrin (nominated by Dr Secarea), Laura Willing (nominated by Dr Shaya, and the only candidate able to attend today), and those nominating the other four candidates who were not able to be present would be able to speak on their behalf. Ballots were distributed and collected, with Drs Melnick and Secarea servng as tellers.

17. Recognition of Members leaving the Area 3 Council: Dr Napoli noted that Drs Gandhi, Malhotra and Dr Napoli himself will be leaving our Council, and that Dr Herman will remain on our Council, as the Chair of ACROSS.

18. APA PAC: Dr Napoli recognized Dr Scott Benson, former Speaker of the Assembly, who discussed the importance of contributing to the PAC.

19. New Alabama Abortion Bill: Dr Komrad announced a disturbing feature of Alabama's new abortion bill, involving psychiatrists: if a mother is examined by a board-certified psychiatrist (with at least three years' experience) who determines that a mother is in danger of killing her fetus, that would make her eligible to receive an abortion, before she would otherwise kill her fetus herself.

20. ECP Election Results: Dr Napoli announced that Dr Laura Willing has been elected Area 3 ECP Rep, and Dr Kathleen Mary Patchan Area 3 Dep Rep.

21. Next Council meeting: Dr Greenberg announced that our next Area 3 Council Meeting will be on September 7.

Dr Napoli adjourned the meeting at 3:38 pm.

Respectively submitted,

William Greenberg, MD, DLFAPA
Area 3 Deputy Representative