

**Area 3 Council Meeting
November 3-4, 2017
Washington, DC**

Call to Order: Dr Joseph Napoli, Area 3 Representative, called the meeting of the APA Area 3 Council to order on Friday, November 3 at 1:09 pm, at the Omni Shoreham Hotel in Washington, DC. A quorum was present for the entire meeting.

Present (voting members): Drs Mary Anne Albaugh, Lily Arora, Charles Blackinton, Ken Certa, Charles Ciolino, Constance Dunlop, Michael Feinberg (for Mel Melnick), Gerard Gallucci, Baiju Gandhi, Bill Greenberg, Annette Hanson, Barry Herman, Mark Komrad (Friday am and Saturday am only), Rahul Malhotra, Elizabeth Morrison, Joe Napoli, Daniel Neff (for Manuel Reich), Jennifer Payne, Ranga Ram (Friday pm and Saturday pm), Cristina Secarea, Elias Shaya (Saturday pm only), Nazanin Silver, Eliot Sorel, Kenneth Thompson, and Brian Zimnitsky.

Non-voting members

Area 3 Trustee: Dr Roger Peele

Executive Director members: Heidi Bunes, Joanne Dunne, Megan Floyd, Deborah Shoemaker

District Branch Presidents: none

Privileged Guests: Drs Bob Batterson (Friday am), Robert Feder (Friday am), Steve Daviss (Friday am), Harold Ginzburg (Friday am), Saul Levin (Saturday pm only), Glenn Martin (Saturday pm), Paul O’Leary (Friday am), James Polo (Friday am), Bruce Schwartz (Saturday pm), Richard Summers (Friday am), Theresa Miskimen, Bertram Warren (Friday am)

APA Staff: Angela Gochenaur (Friday pm), Jennifer Medicus

Absent voting members: none

1. Welcome New Members and Guests, and Introductions and Disclosures of Potential Conflicts of Interest – Dr Napoli welcomed new members and guests. Attendees introduced themselves and reported their affiliations, to identify potential conflicts of interest that might arise in the proceedings.

2. Presentations by Candidates for APA Trustee-at-Large

Dr Napoli introduced Drs Robert Feder and Richard Summers, the two candidates for the APA Trustee-at-Large BOT position, who gave brief presentations to the Council.

3. Dr Daviss

Dr Napoli introduced Dr Daviss, our previous Council member as a privileged guest, who briefly discussed his new role working at SAMHSA, mainly focused on the current opioid crisis.

4. Minutes

There were no comments on the Minutes of our October 7 meeting, available on our website. They were accepted as written.

5. Announcements –

- Dr. Napoli announced that the APA Course of the Month, free to APA members for this month of November, is “Disaster Mental Health: Practical Applications”
- Dr Sorel announced “Brain, Behavior and Mental Health,” a program taking place this month, on November 28 at the Cosmos Club in Washington DC, which will include presentations by Dr Joshua Gordon, Director of NIMH, Dr Bruch Cuthbert and Dr Greg Farber.
- Dr Napoli announced other candidates running for APA offices: Drs Glenn Martin, Bruce Schwartz and Stephen Strakowski for APA President-Elect (all three were invited to visit our Council but Dr Strakowski indicated that he would not be able to make the time we had available); Drs Brian Crowley and Gregory Dalack for Treasurer (who would both not be visiting our Council); Drs Hector Colon-Rivera, Mark Haygood and Ayana Jordan for ECP Trustee-at-Large (all invited but only Dr Haygood had indicated that he would be able to visit us tomorrow). The Resident-Fellow Trustee-Elect position features Drs Anne Clark-Raymond, Rana Elmaghraby and Helena Winston as candidates, but we will not be voting for them and they will not be making presentations to our Council. The candidates for Assembly Recorder in the special election we are holding will be visiting our Council this morning.
- Dr Napoli announced the **Reference Committee Assignments:**
 - Reference Committee 1: Dr Dunlop
 - Reference Committee 2: Dr Greenberg
 - Reference Committee 3: Dr Neff (for Dr Thompson)
 - Reference Committee 4: Dr Arora
 - Reference Committee 5: Dr Feinberg (for Dr Melnick)
 - Assembly Committee on Access to Care: Dr Sorel
 - Assembly Committee on Maintenance of Certification: Dr Arora
 - Assembly Committee on Psychiatric Diagnosis and DSM: Dr Ciolino
 - Assembly Committee on Public and Community Psychiatry: Dr Gallucci
 - Assembly Liaison to the Committee on Practice Guidelines: Dr Zimnitsky (for Dr Hanson)
 - Those assigned to these committees are DB reps, as ACROSS and other groups choose their own representatives to attend
 - Dr Napoli reported that there were 3 items for all Councils to review, but currently two were on the consent calendar; the other was a new action paper addressing a new JCAHO requirement addressing ligature risks on inpatient psychiatric units.
 - There will be a fundraiser for Disaster Relief supporting the Red Cross: Dr

Ciolino reported on this APA Foundation initiative, and there was some discussion about the Red Cross, its work and its history.

- There will be no Assembly Awards presented at this meeting (no nominees for Profile in Courage), but Dr Napoli announced that there is a Speaker's Award at this meeting, being presented by Dr Miskimen to Dr Roger Peele.
- Dr Greenberg briefly noted that the Procedures Committee had received a request to form either a section or another type of component such as an allied organization, focusing on Women. The proposal wasn't clear on exactly what was being requested, and the issue was somewhat further complicated by the fact that there is an extant Womens' Caucus of the Assembly (Dr Payne is the representative of that body to the Area 3 Council) and an action paper being presented at this meeting proposes forming a Council on Women (Dr Silver is the author of this action paper), so further clarifications are being requested before the Procedures Committee formally considers the proposal.
- Dr Napoli thanked members for responding using the website, and that this was sometimes helpful in accessing larger files, as academic sites sometimes blocked messages with large attachments.
- Dr Napoli noted that the Committee on Psychiatric Dimensions of Disaster was still active, and that in the past those not on the committee but interested in this area would informally caucus at meetings, and that those currently interested could still arrange for such with Dr Napoli.

6. Calendar

- Winter Council Meeting: Dr Napoli raised the question of whether we should have a one-day or another two-day Area 3 Council meeting this winter. Dr Greenberg moved to consider a two-day meeting, with Dr Malhotra seconding. Logistical and financial issues were reviewed; on voting for a two-day meeting the results were: Yea 5, Nay 14, no abstentions, so the motion was voted down and there will be a one-day meeting.

7. Report on the AEC Morning Meeting – Dr Napoli noted that he had already reviewed with us the substantive matters that the AEC discussed this morning.

8. Committee on Member Services (COMS) – Dr Greenberg reported that there was no more activity of this committee since our last Council Meeting a month ago.

9. Committee on Program Evaluation (COPE) – Dr Herman reported on the activities of the Committee. The proposal initiated by Washington Psychiatric Society for granting awards to as many as two RFMs per Area 3 DB for their notable scientific, clinical leadership or community service, was reviewed by the Committee. Modest recommendations by the Committee were accepted by the proposers, so the Committee recommended acceptance of the current proposal. Dr Feinberg moved to approve the COPE recommendation, with Dr Albaugh seconding. The vote was unanimous to approve, but for one abstention. Responding to a question by Dr Sorel, Dr Napoli reported on the “Area 3 Policy on Program Evaluation and Funding” which was approved by the Council on October 7, 2017, for submitting proposals, and has four dates during the calendar year when proposals must be submitted by, in order to be addressed at the next Council meeting.

10. Financial Report – Dr Greenberg reported that our Council financial status was similar to that of last year. At the beginning of this year we received a grant of \$9650. Our reported expenses thus far for 2017 have been \$11,694.23 so that we have been spending approximately \$2000/yr above this year’s grant. However our reported “balance” in our surplus was \$87,000 so this represents an appreciable surplus, though this could potentially be taken from us in the future. Dr Napoli reported that Dr Miskimen has established an Assembly Ad Hoc Work Group on Area Finances, which will be chaired by Dr Martin. Dr Napoli will represent Area 3 in this Workgroup.

11. Presentations by Candidates for Assembly Recorder

Dr Batterson encouraged Council members to consider running for Recorder in the future, after which there were brief presentations by the three candidates for the current vacancy in the Recorder position for the remainder of the year: Drs Paul O’Leary, Harold Ginzburg and James Polo gave brief presentations to the Council.

The meeting was recessed at 10:03 am and reconvened on Saturday, November 4 at 8:38 am.

12. Assembly Workgroup on Area Council Financing

Dr. Napoli returned to his discussion of his role in this workgroup and the questions that were under consideration on its agenda. He specifically asked for our Council’s feedback on one question in particular that the workgroup would be discussing: whether the block grants to the Area Councils should be limited to funding of the one or two Area Council meetings per year, or whether it should be allowed to cover other expenses, e.g., activities such as our recent additional programs. After a brief review of the history of the block grants and some discussion, Dr Napoli proposed an informal consensus view of the Council, that the block grants should be thought of as being allowed to cover Area programs serving members in those areas in addition to conducting business in meetings, and that this should apply to all the Area Councils. He also noted that our Procedure Code explicitly includes the charge that we should hold scientific meetings and other programs in continuing education efforts. Dr Napoli also stated that he supported there being some cap on the reserve balance that an Area might accrue.

13. APA Report– Ms Jennifer Medicus reported that the White House Commission on the Opioid Crisis released its report with 56 recommendations, but stopped short of providing implementation details or monies to fund efforts. It does support key recommendations that the APA has supported, including parity, drug courts. CMS also announced it would expand other treatment opportunities, including residential treatment, in demonstration projects in New Jersey and Utah, easing a waiver process but requiring strict budget neutrality for IMD facilities. Dr Gallucci clarified that IMDs were inpatient psychiatric institutions larger than 16 beds, which heretofore had been excluded from Medicaid reimbursement for treatment of patients with principal diagnoses of substance abuse disorders.

14. PAC – Dr Certa presented how our PAC works and the needs for all of us to support its activities; some Areas have 100% Council member contributing, and he encouraged us to reach

this level as well to demonstrate our PAC's wide support.

15. Reference Committee Reports

Legend: S = Support; SWC = Support with Changes; DNS = Did Not Support

RC1 Advancing Psychiatric Care – Dr Dunlap

2017A2 4.B.2 Revised Position Statement: Need to Maintain Long-Term Care Facilities for Certain Individuals with Serious Mental Illness - **DNS**

2017A2 4.B.7 Proposed Position Statement: Domestic Violence Against Women - **S**

2017A2 4.B.8 Proposed Position Statement: Prevention of Violence - **S**

cc 2017A2 4.B.13 Retain 2012 Position Statement: Segregation of Prisoners with Mental Illness

2017A2 12.A Designation of Psychiatry as Primary Care for Any Medical School Scholarships Requiring Primary Care Service –**S**

2017A2 12.B Medical School Loan Repayment Subsidies for Psychiatrists Practicing in Community Mental Health Centers and State Psychiatric Facilities - **S**

2017A2 12.C Transitional Care Services Post-Psychiatric Hospitalization - **S**

RC2 Psychiatric Knowledge and Research – Dr Greenberg

2017A2 4.B.3 Retire 2010 Position Statement: Psychiatry and Primary Care Integration across the Lifespan - **S**

2017A2 4.B.11 Proposed Position Statement: Lengthy Sentences Without Parole for Juveniles - **S**

2017A2 4.B.12 Retire 2011 Position Statement: Review of Sentences for Juveniles Serving Lengthy Mandatory Terms of Imprisonment - **S**

cc 2017A2 4.B.15 Retain 2012 Position Statement: Firearms Access: Inquiries in Clinical Settings

cc 2017A2 4.B.18 Retain 1993 Position Statement: Homicide Prevention and Gun Control - **S**

2017A2 12.D Enacting APA Positions: State Medical Board Licensure Queries - **SWC**

2017A2 12.E Recognition of Psychiatric Expertise: Efficiency and Sufficiency - **SWC**

2017A2 12.F APA Member Survey on Medical Aid in Dying as Option for End-of -Life Care - **NS**

RC3 Education & Life-Long Learning – Dr Neff

2017A2 4.B.10 Proposed Position Statement: Police Interactions with Persons with Mental Illness - **S**

cc 2017A2 4.B.14 Retain 2012 Position Statement: Assessing the Risk for Violence

2017A2 12.G Conflicts of Interest Not Limited to Pharmaceutical Companies - **SWC**

2017A2 12.H Non-Physician Registration Fee for Annual Meetings -**SWC**

2017A2 12.I APA Position Statement Strongly Recommending Twelve Weeks of Paid Parental Leave - **S**

RC4 Diversity & Health Disparities – Dr Arora

2017A2 4.B.9 Proposed Position Statement: Human Trafficking - **S**
cc 2017A2 4.B.16 Retain 2007 Position Statement: Use of Jails to Hold Persons Without Criminal Charges Who are Awaiting Civil Psychiatric Hospital Beds
cc 2017A2 4.B.17 Retain 2007 Position Statement: Psychiatric Services in Jails and Prisons
cc 2017A2 12.J Helping Members Join Caucuses
2017A2 12.K Achieving Congruence between the APA Commentary on Ethics in Practice and the AMA Principles of Medical Ethics Concerning Ethical Obligations of Psychiatrists Making Benefit Determination Decisions - **SWC**
2017A2 12.L Adopting an APA Position Statement Supporting Implementation of the Mental Health Parity and Addiction Equity Act (MHPAEA or parity law) - **SWC**
2017A2 12.M Joint Meeting of the Council on Minority Mental Health and Health Disparities and the Assembly Committee of Representatives of Minority/Underrepresented Groups - **SWC**

RC5 Membership & Organization – Dr Feinberg

cc 2017A2 4.B.1 Retain Position: Endorsement of United States Ratification of the Convention of the Rights of the Child
2017A2 4.B.6 Proposed Position Statement on Human Rights - **S**
2017A2 12.N Civil Liability Coverage for District Branch Ethics Investigations - **SWC**
2017A2 12.O Council on Women's Psychiatry - **DNS**
2017A2 12.P Addressing the Negative Impact of the Rule of 95 on Dues Revenue - **SWC**

The meeting was recessed and reconvened on Saturday, November 4 at 4:33 pm.

Dr Certa announced that the Area 3 Council was now at 100% for contributing to the APA PAC.

16. Presentations by Candidates for APA President-Elect

Dr Napoli introduced Drs Glenn Martin and Bruce Schwartz, candidates for the APA President-Elect position, who gave brief presentations to the Council. The third candidate, Dr Stephen Strakowski, had been invited, but was unable to attend during our Council meeting.

17. Addressing the Negative Impact of New Joint Commission and CMS Policies on Ligature Risk on Inpatient Psychiatric Units. This has been reviewed and approved as new business by the Assembly Rules Committee, and was assigned to all Areas and Assembly Groups for review, Primary Reviewer- Area 1, Secondary Reviewer- ACROSS. Dr Gallucci and others reviewed this action paper and the problematic issues it would create with its current tight timelines, for the viability of current inpatient psychiatric units. Dr Feinberg moved, and Dr Morrison seconded a motion to support this action paper, and this was approved with a unanimous vote, except for one abstention.

18. Assembly Ad Hoc Work Groups and Committee Reports

A. Assembly Committee on Access to Care – Dr Sorel reported some disappointment that his action paper, “Access to Care is a Human Right,” promoting the adoption of a corresponding position statement, had been wending its way through JRC, Council, etc, in a somewhat dilatory manner, although it did seem to be on its way to Board Approval. He also encouraged our participation in being an Advocacy presence in Washington, and was sanguine about the potential of the APA patient registry to uncover useful findings.

B. Assembly Committee on Maintenance of Certification – Dr Arora reported that the Committee had reviewed a proposal in the making, to replace the current version of MOC in good part with specifically selected journal articles to study and then successfully answer questions about. A pilot program could start in 2019, but some feedback from the Committee was that this process was quite slow and that it properly should start sooner. Dr Ram indicated that there was disappointment in the committee that options for using other accrediting bodies were not being adequately explored. He reminded our Council that he was aware of a good number of individuals in Delaware who were not joining the APA or who had left, over disappointment at the APA’s relative lack of significant action addressing MOC issues. Dr Certa added that the interstate compact requires board certification, putting some individuals who avail themselves of this option at potential disadvantage.

C. Assembly Committee on Psychiatric Diagnosis & the DSM – Dr Ciolino reported that the APA now has an active portal allowing all to contribute comments or proposals regarding the DSM, including the general public. Other comments in the Committee noted a “Crisis of Legitimacy,” relating to the issue of labeling individuals with diagnoses, and with the relative weakness of validity of psychiatric diagnoses compared with other branches of medicine, and with how there could be bridging with the NIMH RDoC (Research Domain Criteria) program to study the biological foundations of psychopathology. Dr Peele noted that the important role of the Assembly in approving the DSM, a role that he first indicated to Dr Robert Spitzer when DSM III was under development, still needed to be insured as this process continued to move forward.

D. Assembly Committee on Public & Community Psychiatry – Dr Gallucci noted that several action papers were reviewed and endorsed by the Committee, and a position statement on Recovery was reported to currently be in the JRC. There is a new governmental HHS SAMHSA committee – the Interdepartmental SMI Coordinating Committee, which reports to Congress on SMI, Recovery and related matters; there are only two psychiatrists on this committee and there was discussion on how to try to usefully interact with it. An individual from AACP was present, seeking more interaction with this Assembly Committee. An individual from Minnesota gave a peer perspective on developments in that geographic area. In response to a query about the IMD exclusion, Dr Levin represented the various different perspectives of different relevant stakeholders, and encouraged more input from interested parties; he also gave his own memories of Dr Peele’s valuable mentoring that he had benefited from.

E. Assembly Liaisons to the Committee on Practice Guidelines – Dr Zimnitsky that the next upcoming practice guideline will be on Alcohol Use Disorders, while in an early process of development are practice guidelines on Schizophrenia, Delirium and Borderline Personality Disorder. We are now using “Doctor Evidence,” an online company that uses a uniform process that does literature searches, screening, literature searches and meta-analyses, replacing the

Practice Guideline Committee's previous reliance on a much more limited and problematic service.

19. Other Reports

A. Area 3 Trustee - Dr Peele stated that as we had the minutes of the last Board Meetings, he did not feel that he needed to add anything at this time.

B. AAOSL

- **American Association of Psychiatric Administrators** – Dr Herman indicated that he did not have anything to add at this time.
- **American Society for Adolescent Psychiatry** – no report; Dr Ratner not attending this meeting.
- **APA Foundation** – Dr Komrad reported on the very extensive programs that the APA Foundation was laudably involved with e.g.,
 - already having trained 75,000 school personnel in its “Typical or Troubled” program,
 - having already trained HR and other interested personnel at 45,000 workplaces around the country in its program regarding mental health issues in the workplace,
 - having already trained 800 judges around the country in its “Stepping Up” initiative addressing mental health issues and drug courts. The latter has led to 378 counties around the country initiate efforts to decrease the numbers of mentally ill in jails,
 - a program addressed to the clergy, to help them cope with mentally ill in their congregations and have more liaison with the mental health providers,
 - ongoing support of most of the APA fellowships, funding 8 distinct fellowships, and give 25 yearly awards – principally to medical students for innovative services they have initiated
 - The APA Foundation also owns the APA rare books collection, which will be housed in a library in the new APA building
 - There will be a reception at the annual APA meetingDr Sorel suggested that the APA Foundation might look to address the high suicide rate in our physicians and trainees.

C. Election Committee -- Dr Herman spoke about the upcoming election, noting that the campaign will run through November and December, with voting beginning on January 2 through January 31. Videotaped brief presentations of candidates will again be available on the APA website. He encouraged us to all encourage other members to participate and vote.

D. District Branches, ECP, M/UR and RFM – reports not given at this meeting

20. Tracking Action Papers –

Dr Napoli noted that Dr Sorel had already given an update on his action paper, “Health is a Human Right,” and Dr Napoli’s own action paper, “Providing Education and Guidance for the Use and Limitations of Pharmacogenomics in Clinical Practice,” was also working its way through various Councils; he asked that others with action papers track their process and report same at our meetings.

21. Next Council meeting – Dr Napoli noted that since we would be having a one-day Council meeting instead of a two-day meeting this winter, that we would try to arrange a meeting with Dr Certa’s hospitality at Jefferson, but that March 3 would not work in this case, so that we will check to see if March 10 could be our meeting date instead, and that we will do a survey after we establish the venue’s availability We will also try to schedule a Summer/Fall meeting, in September or October (September 8 has a conflict).

22. Presentations by Candidates for APA ECP Trustee-at-Large

Dr Napoli introduced Drs Mark Haygood and Hector Colon-Rivera, candidates for the APA ECP Trustee-at-Large BOT position, who gave brief presentations to the Council regarding their candidacies. Dr Ayana Jordan, the third candidate was invited but unable to attend our council meeting.

17. Unfinished Business

18. New Business

Adjournment: 5:58 p.m.

Future Meetings:

May 2018 Assembly

May 4-6, 2018

New York, New York

*****ACTION PAPER DEADLINE: March 15, 2018*****

Respectively submitted,

William Greenberg, MD, DLFAPA
Area 3 Deputy Representative