

**Area 3 RFM Merit Award  
2019 Honorees**

**Psychiatric Society of Delaware**

**1. Joseph Esposito, MS, MD**

**Meritorious Achievements.**

Dr. Esposito has served as the residency's first Addiction Psychiatry Chief Resident. In the role, he has helped launch two new programs, a substance abuse consultation service in the state hospital and an acute, short-term outpatient care Bridge Clinic. In each of these roles, he has shown tremendous leadership and clinical acumen. In addition to these accomplishments, Dr. Esposito has engaged in multiple scholarship activities. He co-authored two posters for the Delaware Department of Health and Social Services Annual Research Day, one case report of a state hospital patient being started on buprenorphine, highlighting obstacles and difficulties in changing the culture regarding treatment of SUD in this setting. The second was a poster explaining the use of "home induction" in buprenorphine prescribing as a way to increase access to treatment. Finally, he has co-created a workshop that will be presented at the APA Annual Meeting. The topic is Medications for Addiction Treatment and the Criminal Justice System.

**How Dr Esposito has or will giveback to the DB and/or Area 3.**

Dr. Esposito will be representing Delaware at the APA Annual meeting. He has also worked with the other Chief Residents to encourage younger residents to become members of the Psychiatric Society and to attend meetings and become involved. As a result, several PGY 1 and 2 residents have consistently been attending monthly meetings and becoming increasingly involved in PSD activities.

**2. Sehba Husain-Krautter, MD, PhD**

**Meritorious Achievements**

Dr. Krautter has served as both Administrative and Education Chief Resident for the DSAMH Psychiatric Residency Program. In these roles, she was instrumental in updating the didactic curriculum and adding multiple new topics and speakers. She also led an initiative to improve the call and vacation schedule. She has also served in other leadership positions as well. She has served on the DSAMH Research Committee and took an active role in the IRB process as well as the Graduate Medical Education Committee, representing the residents. She has engaged in multiple scholarship activities. She co-authored a poster for the Delaware Department of Health and Social Services Annual Research Day, which explained the use of "home induction" in buprenorphine prescribing as a way to increase access to treatment. She also presented a poster on the "Prevalence of Substance Use Disorder in the Geriatric Population During Consult Services at the American Association for Geriatric Psychiatry Annual Meeting.

**How Dr Krautter has or will giveback to DB and/or Area 3**

In her role as Administrative Chief Resident, Dr. Krautter was instrumental in assuring that all new residents became members of the APA and the PSD. She has also worked to encourage younger residents to become members of the Psychiatric Society and to attend meetings and become involved. As a result, several PGY 1 and 2 residents have consistently been attending monthly meetings and becoming increasingly involved in PSD activities.

**Maryland Psychiatric Society**

**1. Danae DiRocco, MPH, MD**

## **Meritorious Achievements.**

Clinical Leadership: Executive Chief 2019-2020 University of Maryland/Sheppard Pratt Psychiatry Residency Program ○ Will serve as Executive Chief for my program during my PGY-4 year ○ Duties include new resident recruitment, organizing off service rotations for interns, serving on the Program Evaluation Committee, take on special projects for program improvement REACH Scholar, Yale University Department of Psychiatry, 7/2019-6/2020 ○ Recognizing and Eliminating disparities in Addiction through Culturally-informed Healthcare (REACH) Program. This is an educational and mentorship program to train providers in how to deliver culturally informed care to underrepresented minority substance using populations. Community Service/Leadership: Cultural Diversity Day Committee, University of Maryland/Sheppard Pratt 10/2016-present ○ Committee Chair 2018-2019; Planning committee member 2016-2018; ○ Work to host a day-long event with multiple speakers, panels and interactive sessions for the University of Maryland-wide campus on topics relevant to psychiatry, medicine, and public health that are culturally important but not necessarily included in regular didactic programming ○ Topics include: cultures of fear of the “Other”- immigrants, racial minorities and the mentally ill, transgender mental health, and The Culture of Medicine- sexism, racism, burnout and physician suicide ○ Scientific contributions to national or international conferences: Poster Presentations: and Oral Presentations ○ Publications in refereed journals.

## **How Dr DiRocco has or will giveback to the DB and/or Area 3.**

I plan to continue to go to MPS Advocacy Days in Annapolis and would like to become more involved with MPS committees. In the past I attended meetings for the Public Psychiatry Committee and would like to become more involved with the MPS Legislative Committee to learn more about how to successfully advocate for psychiatry and patients in Area 3. I will also likely continue to live and work in this area and hope that through advocacy, I can improve the quality of care provided to psychiatric patients and work to improve how we deliver psychiatric care here.

## **2. Lindsay Standeven, MD**

### **Meritorious Achievements**

Dr. Standeven currently serves and represents Area 3 on both the local and national level. As the Area 3 RFM Dep-Rep, Dr. Standeven attends monthly phone calls with ACORF and attended the APA assembly and Area 3 meetings. In particular, while at the assembly, Dr. Standeven worked with both the Area 3 representatives and ACORF to dispute the Position Statement on Safe Prescribing (Item 2018A2 1.A.1) pertaining to psychologists prescribing privileges, and was vocal in her opposition. At the DB level, Dr. Standeven serves as the MPS co-chair of the RFM Committee. In this role, she has worked to increase engagement among the residents and fellows at Johns Hopkins Hospital in MPS related events (as they have notoriously had a poor showing) and attended a recent MPS trivia night for RFM members. Dr. Standeven is known for her excellent clinical care and patient dedication. She was the recipient of the prestigious, “Frank L. Coulson, Jr Award for Clinical Excellence”, which is given to one resident from each medical discipline at Johns Hopkins. Dr. Standeven is also known for leadership skills and was elected to serve as the administrative resident for her residency class. As administrative resident, Dr. Standeven oversaw, organized, and recruited patients for the residents’ longitudinal outpatient clinic, the cornerstone of their outpatient training and an essential resource for the Baltimore community. Currently, Dr. Standeven is the primary psychiatrist in two obstetric clinics where she provides psychiatric care to pregnant and postpartum women in an integrative care model. Dr. Standeven is also a respected teacher and young researcher. She is currently completing a fellowship in Reproductive Psychiatry and teaches the medical students about Ob/Gyn-related psychiatric syndromes during their Obstetric clinical rotations. Her research and clinical interests in perinatal psychiatry, integrative care models, and advocacy for this vulnerable population led to a co-authored commentary in the Journal of Women’s Reproductive Health, in which she argues for a more balanced informed consent process for mothers considering psychotropic treatment in pregnancy. She is currently working on two data-driven manuscripts in the field of perinatal psychiatry.

### **How Dr Standeven has or will giveback to DB and/or Area 3**

Dr. Standeven will continue to give back to the DB and Area 3 in her ongoing roles as Area 3 RFM Dep Rep and MPS RFM Committee co-chair. She plans to remain in Maryland and stay active in MPS. She is particularly interested in mentoring residents, teaching and advocacy for women's mental health issues. As such, she recently agreed to teach at the MPS Psychopharmacology lecture and will be discussing the latest research in pharmacotherapy in the perinatal period.

### **New Jersey Psychiatric Association**

#### **1. Kavita Bommasamudram, MD**

##### **Meritorious Achievements**

Kavita has achieved a lot of scholarly activities during residency. But first though, she was awarded Psychiatry Intern of the Year at Trinitas Regional Medical Center, Elizabeth NJ. She published 4 Book Reviews and presented 3 posters so far. Kavita is currently the NJ DB Resident Chapter President and serves as the RFM Trustee to the DB Board.

### **How Dr Bommasamudram has or will giveback to DB and/or Area 3**

Kavita is the NJ DB Resident Trustee to the Board and has represented the opinions of NJ Residents/Fellows via votes on governance matters. She has been very effective in this role. She has worked closely with our DB Executive Director and our Member Services Coordinator. They commend her highly for being very engaged and responsive to any tasks and/or issues related to RFMs. She leads the Resident Chapter efficiently and effectively. She has also successfully led the other program resident reps to be more active in developing resident activities. She contributes meaningful ideas that help engage other RFMs in NJ during a time RFMs are too busy and not necessarily think about being active in the organization.

#### **2. Jennifer Dorr, MPH, DO**

##### **Meritorious Achievements.**

Jennifer has accomplished quite a lot of achievements demonstrating her leadership and dedication in advocating for patients and assist in preserving our profession during her two years in Pediatric residency and currently almost two years in Psychiatry residency. She was one of two elected Pediatric residents for the Residency Forum Representative and also elected to be a REACH (Resident Education in Advocacy and Community Health) Resident. Currently she is serving on the Graduate Medical Education (GME) Executive Committee. She is Secretary and Executive member of the Cooper University GME House Staff Council. She is the first Psychiatrist on the house staff council to ever have held those positions. In terms of system base practice, Jennifer has been actively involved in representing Psychiatry on the hospitals first ever Behavioral Rapid Response Committee and Violence Prevention Committee. As a member of this very important committee, she is advocating and educating staff, including security, on best practices of verbal de-escalation of agitated patients in the hospital. She is also a Bioethics Committee Resident Member. She has been awarded and commended for her excellence in compassionate concern for patients. Her dedication for best practice and humanistic patient care is a testament for that award. Because of all of the above in addition to being well respected among her peers and our staff, her teamwork and exemplary work ethic, she was chosen to be an Assistant Chief Resident as a PGY 3. (Normally we choose PGY 4s for this role).

### **How Dr Dorr has or will giveback to the DB and/or Area 3.**

Jennifer has the perfect three "E"s to receive the RFM Merit Award. She has experience, enthusiasm and excellence in the care of patients that are her important assets that make her a great role model and leader for residents. She was nominated for Area 3 RFM Rep and although not elected, she is committed to continuing her involvement in APA/NJPA. She plans to remain in Area 3 when she goes for a Child and Adolescent Psychiatry Fellowship, which will allow her to continue to be involved in Area 3. She plans to also be involved as an ECP. She understands the need for more ECPs to be encouraged and involved in our organization for the preservation of our specialty and the future of safe practice in psychiatry. She also plans to be more involved in chapters and councils of the NJPA. Again, her dedication and enthusiasm will be a breath of fresh air for not only the DB but also Area 3.

## **Pennsylvania Psychiatric Society**

### **1. Daniel Neff, MD**

#### **Meritorious Achievements.**

Dr. Neff has been an active member of the PA DB, our Philadelphia Chapter and the APA. He has been a steady PaPS representative to Area 3 and for the APA Assembly meetings when we needed a proxy. He has actively served with a measured voice in that role and is now one of the PaPS Assembly representatives. He has done this as a Resident and Fellow. At the DB level, he participated in our Developmental Leadership program as a resident. Dr. Neff served as a resident representative for Jefferson on the Philadelphia Psychiatric Society Council. Dr. Neff has received accolades within his residency program. He was bestowed Thomas Jefferson University Hospital's Schweitzer Resident Teaching Award. He has also presented his work at last year's APA Annual meeting in New York and has been a contributor in clinical publications and peer reviewed publications over the past few years with renowned psychiatrists (including Salman Akhtar, MD and Steve Gordon, MD). Dr. Neff received his ABPN certification in 2018. He is currently pursuing an addiction fellowship at the University of Pennsylvania. We cannot think of any recipient more deserving than Dr. Neff. Our Area 3 representatives unanimously approved this nomination

#### **How Dr Neff has or will giveback to the DB and/or Area 3.**

As stated above, Dr. Neff has already given back to our DB at the DB and chapter level via serving as a resident representative for the Philadelphia chapter (Jefferson), serving as a proxy for APA area representative (even at a moment's notice), and filling a vacancy when we had a Representative to the Assembly vacancy. He has expressed his willingness to assist with government relations issues, especially related to addiction psychiatry. As a PaPS Assembly Representative, he serves on our DB council and will remain active in discussions. We are looking forward to getting him engaged in future leadership opportunities at the DB, local and APA level.

## **Washington Psychiatric Society**

### **1. John Chaves, MD**

#### **Meritorious Achievements**

Dr Chavas is a talented RFM leader co-innovator of the CLM Mind Games and superbly organized and delivered for two years in a row. He published in the Global Mental Health & Psychiatry Newsletter about the CLM Mind Games. He is a great role models for younger Residents as Chief Resident.

#### **How Dr Chaves has or will giveback to DB and/or Area 3**

Dr Chavas has given back handsomely as above described through CLM, Mind Games and leadership role as Chief Resident.

## **2. Corina Freitas, MS, MD, MBA**

### **Meritorious Achievements.**

Dr. Freitas is a family physician, who is doing her second residency training in psychiatry. She is particularly interested in forensic and addiction psychiatry. Dr. Freitas has presented nationally and internationally at the APA Annual Meeting in San Diego, CA; American Academy of Addiction Psychiatry Meeting (AAAP); American Academy of Psychiatry and the Law (AAPL), Austin, TX; and the 1st International Perinatal Total Health Congress, Sinaia, Romania. She testified on the opioid bill in front of the DC Council on behalf of the Resident's CIR Union.

### **How Dr Freitas has or will giveback to the DB and/or Area 3.**

Dr. Freitas is currently serving on the WPS Board as the RFM Representative. She is part of multiple AAAP and AAPL committees, and WPS Ethics Committee. She has been actively involved in WPS as a member and attended multiple WPS events. She has written articles in local newsletters including the Global Mental Health & Psychiatry Newsletter, and the Washington Psychiatrist. She is currently part of a committee that is organizing an event dedicated to ECPs scheduled to take place in July 2019 and supported with Area 3 and APA funding.

## **3. Kyle Gray, MA, MD**

### **Meritorious Achievements.**

Dr Gray is a Brilliant RFM leader member of the WPS Board and innovator of the CLM Mind Games for two consecutive years.

### **How Dr Gray has or will give back to the DB and/or Area 3.**

Dr Gray has already given back with active roles on the CLM Committee, the WPS Board and CLM Mind Games. Dr Gray published in the Global Mental Health & Psychiatry Newsletter about the CLM Mind Games. As Chief Resident, Dr Gray is a great Role model to younger RFMs.